BPW Connection | May 2017

Membership chooses its slate of officers and board members

Many atta-girls to the women of our organization who have stepped up to serve this great organization in the coming year.

President-Laura Maupin President Elect- Ilja Chapman VP of Hospitality- Suzi Youngberg VP Membership-Miriam Lazcos Secretary- Kate Banick Treasurers-Theresa Sutter & Jennifer Capadonna Director- Pam Martin

bpw CALENDAR

May 17: Board Installation, 5:30-7 p.m., Corks & Curds, MM 99

June 21: Monthly Luncheon. Guest speaker: Village Councilwoman Cheryl Meads 11:30 a.m., Holiday Inn, MM 100

*Please note: We are meeting in the Casa 1 Room, not African Queen Room. Enter through the front of the Hotel

Board of Directors 2017-18

President Laura Maupin 305/360-5645 keystoyouth@gmail.com

President-elect Ilia Chapman 305/998-8348 llja.chapman@gmail.com

Vice Presidents Suzi Youngberg, Hospitality 305/393-6830 <u>SuziYoungberg@gmail.com</u>

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Secretary Kate Banick 305/619-0154 kate@thegoodhealthclinic.org

Director Pam Martin 305/853-0907 pmflkeys@aol.com

Questions?

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President's Message

Board installation takes place May 17

May greetings!

We're installing our 2017-2018 BPW Board this week! Are you joining us at Corks and Curds Wednesday from 5:30 to 7pm? We are sure to have some fun.

spouse; the more the

merrier!



Bring a friend, or bring your Laura Maupin Photo: Melendi Photography

It's hard to believe a year has passed already. Seems like yesterday we were meeting at the Postcard Inn for installation. And our past president, Gina Boilini was well on her way to motherhood. Check her out now in our Atta girl section. How the time flies.

BPW has had a great year and we've grown as a group. I'm very grateful to have such supportive women serving with me on our Board of Directors.

This year we welcome Jennifer Cappadona and **Milliam Lazcos** to the team and can't wait for their input and ideas in the coming months.

Thank you to all the returning board members as well. You make this group stronger and more connected through your participation.

We will be getting together next week to plan our year ahead, so if you have any thoughts/ideas for speakers or events, feel free to reach out to one of us. We welcome your opinions and input.

Can't wait to enjoy some wine and cheese with you Wednesday night! See you there.

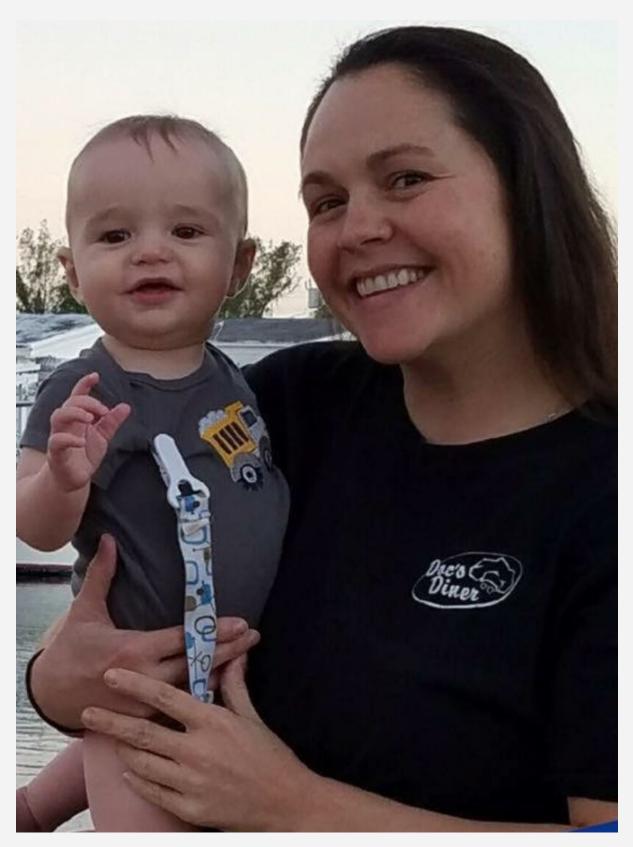
Connection Makes Us Stronger!



bpw | ATTA GIRLS



Member Staci Krupa created Creative Veterans Foundation in honor of her late father John Krupa.



Past President Gina Boilini and her sweeties Frank and Frankie are awaiting new addition, James "Jimmie" Felipe, Oct. 5. Congratulations!



Word through the "conch telegraph" is that BPW member and Public Defender Robert Lockwood is getting some super positive energy rocking in Key West! Congrats on your engagement to Lesly Fernandez, too!

7 ways to save money

- 1. Track your spending for 90 days
- 2. Cook more (Americans spend more than 40% of their food dollars on chow outside the home)
- 3. Control your impulse buys
- 4. Drop unused subscriptions
- 5. Turn in business expenses right away
- 6. Buy quality items
- 7. Bump up savings by 1%

Power of Women | Key-Dynamics.com



New members



President Laura Maupin (from left) welcomes Zully Heymeyer and Deborah Esslinger of Island Villa Construction at last month's BPW meeting. Welcome, ladies!

We are excited to announce former and new members will be installed at our June 21 luncheon meeting: Mia Berry and Tania Metzger of Sea Dragon Furniture

Renewing members

Thanks to the following members for renewing this month:

- Cathy Brewer Pam Feeser
- Carol Keller
- Jennifer Cappadona
- Lee Ann Holroyd Cheryl Lee Talbert
- Jacqui Allen

bpw|MEMBER SPOTLIGHT

Nada Khalaf-Jones

Born in the U.K.

Lives in Key Largo

Up at 0545 go to sleep: varies

Daily Routine: run once a day, stand at the desk.

For example I spent hours after school drop off this morning at 0800 drone filming a property for sale on lower Matecumbe for a local realtor.

Came home and finished the Miss Monroe and Ucumbe's Sizzling Summer Fashion Show film. It rocks!!! It's out on Vimeo.com/Skybornvisual

I'm the sort of person that jumps out of airplanes, travels alone, scuba dives deep and free dives deeper, has four children in a country I wasn't born in, all 100% natural births and two of them home deliveries in Key Largo, one of them uniquely abled, home schooled em all until 3rd grade.

I'm the sort of person that learns a skill using initiative then goes out and creates, an income based on that. I'm the sort of person that will forgive someone a debt and feel compassion for bad behavior because you know those angry ones are the ones that need the most love. And occasionally get screwed because I trust people, but I'd rather do a random act of kindness in the face of that. I mean, it's the best come back. EVER! Falling on my face has been my fastest learning curve. Do it daily...well, weekly. Never the same thing twice though!



For some reason I'm the sort of person that gets elected to represent people, whether it's the University Of Ulster's students union Women's Officer, the Overseas Students Representative or the Social Secretary, the Key Largo Chamber, 1HTC.org or TVM's Marketing Committee.

I was born into a struggling Palestinian refugee Opticians family in London, lean and fast, we had it rough in the beginning, our German mother was a war baby, an Au-Pair turned wife she didn't know how posh we could be until we found the very poshest school on the beautiful Surrey Downs and suddenly concrete jungle changed into green, fresh rolling hills, wild hidden forests, ferns and fairy houses, when Dad bought his first business we moved soon after. Life in the country was a shedding of the fierceness of manner that describes a street wise London kid. The street smarts and hard London accent were traded for posh, choir, fiction, deportment, athletic cunning, science, linguistic skills, budding journalism, design, singing, acting and the most awesome science curriculum planet earth could offer an 8 year old! We dissected everything and blew shit up all the time! Biology was magic, Chemistry was just awesome but Physics was my favorite it helped me absorb the raisin d'etre of the world without the need for religion. Darwin, Boyle, Marie Curie, Louis Pasteur and Newton were my heroes, cellular biology, planetary travel, evolution and genetics well that stuff just worked for me. My Dad was not a practicing Muslim, we were 'believers' in the spiritual. But the school gave us plenty of Anglican Christianity, daily. Dad is now much more religious. He turned 77 on May 19th. His stories of the departure from their farm and home in Jaffa and a successful watch and optical business in Jerusalem, gave me the drive to seek truth in conflict and war. It fascinates me. Is what you are saying the truth? It's what sent me to Northern Ireland to study. Humanities, not science. I didn't believe the British newspapers when (after centuries) they are still taking sides against the IRA and the Catholics. It sounded so much like lies. I discovered the truth 3 years of study and union representation during my Bachelors Degree told me plenty. Some of it very ugly. Indeed. Learning to discover the truth for oneself is almost like my mantra. For my kids. Don't whine, is the other. Change what you don't like. Someone has it worse. I learned that living in Egypt and Dubai. Uber wealth with crushing poverty.

All the travel prompted journalism and when I got to San Diego in 1995 I loved teaching scuba and marketing for San Diego Divers Supply and Carl Long and his 'Bandito Spear Guns', then Texas, where scuba was dire, there are some abnormally large catfish in Lake Travis in Austin, but Florida Keys in 1998, eventually I was writing the science and environment stories for the Free Press, Nancy Klingener and Tom Tuell were my team. I loved this career and wrote prolifically. Those were the good days. I spent a bit of time chatting with David Goodhue and Gabriel Sanchez this last month, the well balanced story and reliable news market has transformed rapidly. I have a LOT of respect for Dan Campbell and David Goodhue. We'll see what the new boy on the block does with his skills.

Most important to me are the 4 kids and my family, Joe (former military pilot US Navy and Air Force Lt. Col) and I celebrate 21 years of marriage this anniversary, unsurprisingly he's always trying to get the girls, age 9-15 to sign up for one of the military academies. Someone is going to get hooked, not sure who. Passions for me are loving my hubby and kids, travel, free diving, drone flying writing for the web, visual content marketing and social media. And I love reading. Yes I'd move back to the U.K. If I could. But I'm a Keys girlnow. So. I'd be a snow bird probably.

Human Trafficking is the big project I've carved out time for as a near to my heart endeavor. I've given the FKDSET 7 years of dedicated volunteer work and loving management. I'll give the HT 2-5 depending on the results of this new coalition we are putting together.

Learning to balance time and energy well: still working on that. Matter of fact I was given hours of operation by my 15 year old today; she told me I can start at 0800 and finish at 1445 daily. Not weekends. I am a madly passionate social media addict, photographer and film maker. So that's an addiction that needs to be tempered with reasonable hours....ya know when ya can't sleep...and the ideas that bounce around.

www.skybornvisual.com www.floridakeysdronepros.com www.lovelyworldadventure.com



Last but not least...mark your calendars now



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